

What does it mean to be alive?

### HESLANS

### **Journey from Coming Alive**

- 1. Who we were (2:1-3)
- 2. Who God is (2:4-7)
- 3. Who God has made us to be (2:8-10)





<sup>7</sup>And the dust returns to the ground it came from, and the spirit returns to God who gave it.

**Ecclesiastes 12:7** 



<sup>7</sup>Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

— Genesis 2:7

### what is first law of thermodynamics?

The First Law of Thermodynamics states that energy is neither created nor destroyed; it simply changes form.



<sup>31</sup>"Then the father said to him, 'Son, you are always with me, and everything that is mine is yours. <sup>32</sup>But it was right to celebrate and rejoice, because this brother of yours was dead but has come back to life! He was lost, but is found."

\_\_ Luka 15·31-32

### An understanding of sin



<sup>1</sup>As for you, you were dead in your transgressions (trespasses) and sins,

Ephesians 2:1-10 (NIV)





<sup>2</sup>in which you used to live when you followed the ways of this world (system) and of the ruler of the kingdom of the air (leader), the spirit who is now at work in those who are disobedient (followers).

Ephesians 2:1-10 (NIV)

<sup>2</sup>in which you used to live when you followed the system that brings death and of Satan, the leader who designed and controls the system, the spirit who is now at work in the followers of Satan.

Systems are powerful forces that shape our beliefs, choices, and behavior.

### tricks of grocery store articles:

- 1) https://thedollarstretcher.com/frugal-living/food/grocery-store-aisles-and-saving-money/
- 2) https://www.realsimple.com/food-recipes/shopping-storing/food/grocery-store-layout





<sup>2</sup>Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

— Romans 12:2

## CRIPTURE

<sup>3</sup>All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.

Ephesians 2:1-10 (NIV)



The temptation to give in to evil comes from us and only us. We have no one to blame but the leering, seducing flare-up of our own lust. Lust gets pregnant, and has a baby: sin! Sin grows up to adulthood, and becomes a real killer.

— James 1:14 (MSG)

### **Application:**

The more our choices do not align with God's design and purpose, the more we experience separation from God (death).

Who God Is



<sup>4</sup>But because of his great love for us, God, who is rich in mercy, <sup>5</sup>MADE US ALIVE with Christ

even when we were dead in transgressions—it is by grace you have been saved.

Ephesians 2:1-10 (NIV



<sup>6</sup>And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus,

Enhesians 2:1-10 (NIV)

## CRIPTURE

<sup>7</sup>in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

Ephesians 2:1-10 (NIV)

### CRIPTURI

<sup>8</sup>For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— <sup>9</sup>not by works, so that no one can boast.

Ephesians 2:1-10 (NIV)

### **Application:**

God's character of love, mercy, and grace, eliminates fear and liberates us to come alive fully in Him.

VIDEO: Living without fear. Skydiving (no audio)







<sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.

**Ephesians 4:22-24** 

### **Application:**

When we choose God's design and embrace His purpose for our life, we come alive.

How to become like Christ The Prayer of St. Francis



How do I become a person who is fully alive in Christ?

- 1. Choose God. Adopt and practice his characteristics.
- 2. Love like God. Love without conditions and forgive without restraint.

# PHESTANS

How do I become a person who is fully alive in Christ?

- 3. Embrace who God made you. Accept the beautiful workmanship that God has crafted you in you.
- 4. Accept the free gift of God's grace.



<sup>11</sup>For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

Jeremiah 29:11 (NIV



Lord, make me an instrument of your peace.
Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

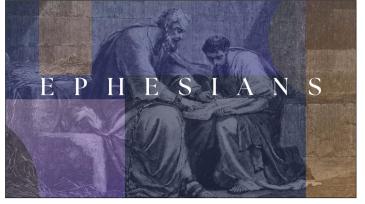


O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.



"Every place we go, every space we inhabit, and every person we meet, should experience through us the reflection of God's presence, and the demonstration of His love."

— Pastor Henry



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