



















ENGAGING SOMEONE STRUGGLING (LUKE 19)

1. Don't judge a book by its cover — anyone can struggle with suicide. (v. 3-4)
2. Meet the immediate needs. Sometimes, the best prescription is rest (nap) and a meal (nourishment). (v. 5b-6)



ENGAGING SOMEONE STRUGGLING (LUKE 19)

3. Find a safe space to connect with God. (v. 8-9)
4. Engage and listen with compassion and empathy. (v. 9b-14)
5. Make time to stop by. (v. 11)

SUICIDE PREVENTION RESOURCES

- 988 Suicide and Crisis Lifeline
- Medical and mental health professionals
- Family, friends, and loved ones
- Support groups
- Suicide prevention organizations (AFSP)

JESUS & FAITH

¹⁰The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

John 10:10 (NKJV)

¹⁰But it has now been revealed through the appearing of our Savior, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.

2 Timothy 1:10 (NIV)
