



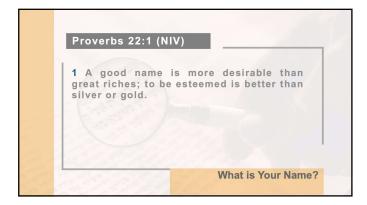
1. Why did the demon fear Jesus (Luke 8:28)?

2. Why did Jesus ask for the unclean spirit's name (Luke 8:30)? What is the significance of Jesus knowing its name?

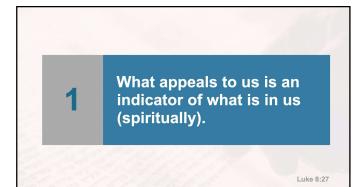
3. Why would one unclean spirit want to live among the tombs (Luke 8:27) and another one drawn to a synagogue (Luke 4:33)?

4. Compare and contrast the responses to Jesus' act of deliverance between the man delivered (Luke 8:38-39) and the villagers (8:35-37). Why were the responses so different? How would you have responded?

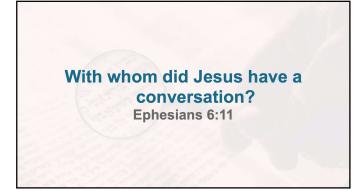








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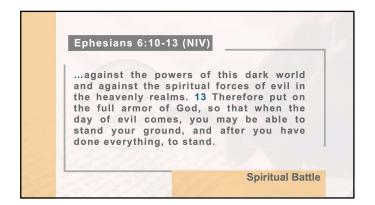








Ephesians 6:10-13 (NIV) 10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities... Spiritual Battle





4 WAYS WE CREATE OUR OWN LEGION

- 1. Lies Things we tell ourselves
- 2. Lifestyle How we choose to live.
- 3. Limiting Thought Patterns a false perception we own that we can't do something.
- 4. Lordship Who we decide to give rulership over our life.

Luke 8:30



10 Common Negative Thoughts Patterns

- 1. All-or-Nothing Thinking
- 2. Overgeneralization
- 3. Mental Filter (pick 1 negative out of 20 positive)
- 4. Discount the positive
- 5. Jumping to Conclusions

https://www.familycentre.org/news/post/10-common-negative-thinking-patterns-and-5-steps-for-change Luke 8:30

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- 6. Magnification/minimization
- 7. Emotional reasoning
- 8. "Should" statements
- 9. Labelling
- 10. Personalization and blame

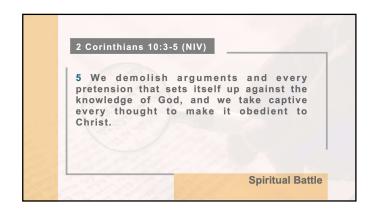


5 Ways to Overcome

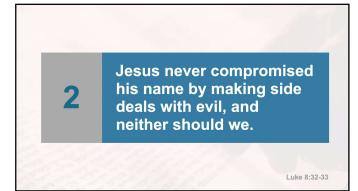
- 1. Identify your distortions
- 2. Challenge your thinking
- 3. Compassionate self-talk
- 4. Seek support
- 5. Positive/Negative Outcomes

Luke 8:30



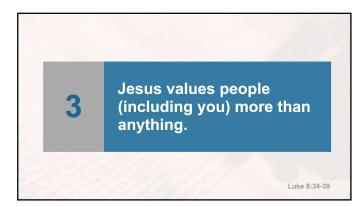












ACTION ITEM

1) Write down the top negative thought and negative pattern that reinforces it. Over the next week, take that negative thought captive through verbal confession and prayer.

2) Share that experience with someone you trust.

